



# LIFEGUARD YOUTH DEVELOPMENT@



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GUARD YOUR HEART

GUARD YOUR MIND

GUARD YOUR BODY

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## Comprehensive Sex Education v Abstinence until Marriage Curriculum; is there *really* a difference?

QUIZ!

**Abstinence Education came out of which Administration?**

- A. Bush Administration                      B. Clinton Administration                      C. Reagan Administration

The Abstinence Education Program was started under the Clinton Administration as part of the 1996 Welfare Reform Law. Its purpose is to enable States to support abstinence education and, at the option of the State, where appropriate, mentoring, counseling, and adult supervision to promote abstinence from sexual activity with a focus on those groups most likely to bear children out-of-wedlock. Abstinence education is defined in the law as an educational or motivational program which: <http://www.hhs.gov/asl/testify/t980925a.html>

- A. has as its exclusive purpose, teaching the social, psychological, and health gains to be realized by abstaining from sexual activity;  
 B. teaches abstinence from sexual activity outside marriage as the expected standard for all school age children;  
 C. teaches that abstinence from sexual activity is the only certain way to avoid out-of-wedlock pregnancy, sexually transmitted diseases, and other associated health problem;  
 D. teaches that a mutually faithful monogamous relationship in context of marriage is the expected standard of human sexual activity;  
 E. teaches that sexual activity outside of the context of marriage is likely to have harmful psychological and physical effects;  
 F. teaches that bearing children out-of-wedlock is likely to have harmful consequences for the child, the child's parents, and society;  
 G. teaches young people how to reject sexual advances and how alcohol and drug use increases vulnerability to sexual advances; and  
 H. teaches the importance of attaining self-sufficiency before engaging in sexual activity

**Abstinence Education** is medically accurate and completely comprehensive in the educating approach including character skills, refusal skills, and contrary to publicized reports; Abstinence Education curriculum teaches in detail contraception options, including directions on the correct way to use a condom, STD information <http://www.cdc.gov/std/default.htm> encouraging sexually active students to be tested regardless of symptoms. It also encourages them to consider healthier choices regarding at-risk activities to better help achieve their future dreams and goals.

Abstinence education involves parents; by opening up the lines of communication between parents and their teens. Parents and teens are equipped to share their desires to be the best they can be by setting boundaries together to avoid at-risk activities. Abstinence education provides knowledge and skills for protection of their hearts, minds and bodies.

**Comp Sex Education Programs (CSE)** uses explicit demonstrations to teach contraception usage skills. The commentary accompanying many of these demonstrations refers to sexual activity as "fun" in a way that trivializes the inherent risks along with a tone of tacit endorsement that communicates sexual activity among teens as "normal" and expected. The explicit nature of these demonstrations crosses the line between factual education and actual provocative promotion, demonstrating a violation of the need to educate not advocate. Not a single CSE text encourages teens to delay sex until at least out of high school, much less, waiting until marriage.

[http://www.abstinenceassociation.org/docs/NAEA-Straight\\_from\\_the\\_Source.pdf](http://www.abstinenceassociation.org/docs/NAEA-Straight_from_the_Source.pdf)

According to the National Abstinence Education Association (NAEA) here are a few of the CSE curriculums used and some of the questionable activities; that are considered "green light" activities; <http://www.parentsfortruth.org/>  
**Making Sense of Abstinence, pg 15**, "Imagine someone has decided to be Abstinent, according to your own definition of "abstinence," circle the following sexual behaviors you believe a person can engage in and still be abstinent." Among the choices; "reading erotic literature; cuddling naked; mutual masturbation; showering together; watching porn; talking sexy."

**Be Proud! Be Responsible! Pg 58-60** "Knowing what is safe and what you should avoid will help you make proud and responsible choices." Activities that are recommended as safe include: "sexual fantasy...body rubbing...showering together...doing drugs...but not sharing needles and syringes"

**Discouraging Parental Awareness: Reducing the Risk, pg 137**: "You do not need a parent's permission to get birth control at a clinic. No one needs to know that you are going to a clinic."

CSE History: <http://www.plannedparenthood.org/about-us/who-we-are/history-and-successes.htm>; <http://www.teenwire.org>

**B is the correct answer**

### Parents make the difference!

As parents, educators and community organizations; it is our job to educate, equip and protect our youth from the dangers of participating in at-risk activities, such as drinking, drugs and all sexual activity/sex. <http://www.4parents.gov/whatwemean/index.html> Parents and educators frequently ask what can we really do? Review the links and resources provided in this newsletter and talk with your kids about what is going on in their lives. Educate yourself with the knowledge of the "things" your children are exposed to. Make sure your child knows how you feel about healthy relationships. According to 4Parents.gov "6 out of 10 (59%) teens say their parents are their role models of healthy, responsible relationships." <http://www.4parents.gov/talkingtoteen/whytalk/whytalk.html>; <http://www.AbstinenceWorks.org>;

Relating to Abstinence and Comprehensive Sex Education in Our Schools; <http://www.abstinence.net/pdf/contentmgmt/IREvidencepaperAnotherLook3609.pdf>